



Lighter Lunchtime Menu

Add a Mug of Soup to any
Roll for £3.00

Ciabattas & Jacket Potatoes

Served with Salad Garnish

Ciabattas served with Salad and Crisps

Fillings	Ciabatta Roll	Jacket Potato
<u><i>Cold Fillings</i></u>		
Mature Cheddar w/ Chutney	10	10
Mr Kittow's Ham & English Mustard	11	11
Tuna Mayonnaise	12	12
Prawn and Guacamole w/Marie Rose Sauce	13	13
Homemade Smoked Mackerel Pate w/ Lemon and Dill Mayonnaise	14	14

<u><i>Hot Fillings</i></u>		
Classic B.L.T	12	N/A
Bacon, Brie and Cranberry	12.5	12.5
Cheese & Baked Beans	N/A	11
BBQ Pulled Pork & Coleslaw	13	13
Homemade Fishfingers w/ Tartar Sauce	13	N/A
Warm Roast Beef w/ Horseradish Mayo and Rocket	12.5	N/A



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FISHERMANS ARMS



GOLANT, FOWEY

Sides

Chips (GFO) (V)	5	Cheesy Chips (GFO) (V)	6	Buttermilk Fried Onion Rings (V)	5.5
Side Salad (GFO) (V)	4.5	Coleslaw (GFO) (V)	3.5	Chip Shop Curry Sauce (V)	3
Garlic Ciabatta (V)	4.5	Cheesy Garlic Ciabatta (V)	5.5		

Premium Sides

Jalapeno Poppers w/ Sour Cream (V)	6.5	Mozzarella Sticks w/ Tomato Salsa (V)	6.5	Garlic Mushrooms w/ Garlic Mayo (V)	6.5
Tempura Prawns w/ Sweet Chilli	8	Hot & Spicy Chicken Wings	7.5	Hot & Kickin' Poppin' Chicken	6.5
Honey Mustard Sausages	6	Moroccan Falafel Bites w/ Harissa Mayo (V)	6.5	Crispy Hoisin Pork Bites w/ Hoisin Dip	6.5
Halloumi Fries w/ Chipotle Mayo (V)	6.5				

Try any 3 for £16

Allergies

If you have any allergies, please let our staff know, especially when placing your order.

Please Note our Kitchen is a multi-use area and although all due care is taken to maintain the integrity of allergens in our dishes, this cannot be guaranteed as a matter of fact.



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